



Cal Ripken Baseball Age 9-12 (Grades 3-6) Registration Information for 2018



Sauk Prairie Youth Baseball provides an opportunity for over 150 boys to play baseball each summer. We are pleased to offer Cal Ripken Baseball for 9 – 12 year old boys. An integral piece to the success of the program is parent volunteers who are needed to serve on the board, coordinate programs, coach, work concession stands and do other fundraising. Concession stands are open at the St. Norbert and Middle School fields each night games are scheduled. Registration fees cover the costs for league play and fundraising is needed to purchase equipment and do improvements and maintenance on fields.

Cal Ripken Program Overview: 14-game traveling baseball league following the Cal Ripken rules with games played on Tuesday and Friday nights for U10 and Monday and Friday nights for U12. Teams will practice 1-2 times per week starting in April before the games begin and typically once per week after games begin. Practices can be any evening or on weekends depending on coach and field availability. Home games will be at various fields in our community (Roxbury, MS diamonds) and away games will be in surrounding communities.

Volunteering: Each family will be required to work 2 shifts in the concession stand for each child in the baseball and softball programs. If you are unable to volunteer time an opt out fee of \$75 will be required for each child.

Field Maintenance: Each field must be groomed after the final game of the night. It is the expectation of the Sauk Prairie Summer Recreation Program that each player will assist in this task multiple times throughout the season and parents are encouraged to help as well. Each field has multiple drags and rakes. It will be up to the coaches of each team to decide whether players will be assigned games or it will be on a volunteer basis. If a family does not assist in the field maintenance playing time can be negatively impacted. Many hands make light work and this requirement is not negotiable.

Evaluation Day: Evaluation Day for all players ages 9-12 playing Cal Ripken will be on Saturday, March 17th in the High School North and South Gyms from 8 – 2 p.m. A specific schedule of when each grade is being evaluated will be sent in early March to registrants. Evaluation day is used to divide the teams appropriately and therefore, attendance is required in order to participate in Summer Baseball. The early evaluations allow teams to be set so practices can begin sooner.

There are two divisions based on age, not grade:

- **U10** division is for players 10 and younger on May 1, 2018. They will play Tuesday and Friday evenings with games starting in Mid May – practices will start in April.
- **U12** division is for players 12 and younger on May 1, 2018. They will play Monday and Friday evenings with games starting in Mid May – practices will start in April.

The number of teams offered at each level will be dependent on registration numbers. Teams will ideally have 11-12 players each. 7th graders who are still 12 yrs old on 5/01/18 are also eligible and encouraged to play U12. 3rd graders who don't feel ready for Cal do have the option to play Coach Pitch A.

2nd graders are eligible to try out for the U10 Cal Ripken team and must send a request to spsrbaseball@gmail.com in order to be on the player list for evaluations. However, their evaluation scores must be in the top 40% of all U10 players in order to be considered for a spot on a U10 Cal team and there must be an available spot on the roster. For example, if there are 48 3rd and 4th graders signed up that would be 4 complete teams - in that scenario no 2nd graders would be considered for U10. It is important to note that very few 2nd graders have been allowed to play U10 Cal in the past, so parents should make sure their players understand that attending the evaluation does NOT mean they are going to play Cal. All 2nd graders should register for Coach Pitch and if any are selected for U10 Cal the difference in registration fee can be paid at that time

Questions regarding Cal Ripken should be directed to spsrbaseball@gmail.com

* **Equipment Needs:**

Participants will need a pair of cleats, a glove, grey baseball pants, a cup and a good attitude. All players will receive a uniform shirt and baseball cap. **Again this year: each player will receive a practice shirt to wear to practices.**



Sauk Prairie Area Youth Baseball - 2018

Cal Ripken Registration Form – **March 9th Registration Deadline**

Player Last Name	First	Current Grade (17-18 school year)	
Street Address	City	ZIP	Birth Date
<u>GUARDIAN OR PARENT INFORMATION:</u>			
Father's Name: _____		Mother's Name: _____	
Phone (H): _____		Phone (H): _____	
Cell: _____		Cell: _____	
Email: _____		Email: _____	
Village/Township-Circle one (Required)			
Affiliated Community \$125.00:	Village PdS	Village SC	Town PdS Roxbury Sumpter Tn Mazo
Non Affiliated Comm. \$145.00:	Troy	Vil of Merrimac	Tn of Merrimac West Point HoneyCreek Other (_____)
Attending the Evaluation Day on Saturday 3/17 is required to play in this league. Practices start in April, 14-game schedule starts mid-May. ___ U10 (Must be 10 or younger on May 1st, 2018) Games Tuesday and Friday ___ U12 (Must be 12 or younger on May 1st, 2018) Games Monday and Friday			
Registration Deadline is March 9th. After that date registrations will only be accepted if there are open rosters spots and a \$25 late fee will be required. Refunds for cancelled registrations will not be allowed after March 17 th . Concessions volunteer requirement: 4 volunteer hours during league games is required. \$75 opt out fee per child			
<u>SHIRT SIZE:</u>	Youth sizes	YS YM YL YXL	or Adult sizes AS AM AL AXL
<u>HAT SIZE:</u>	Youth	Adult SM/MD	Adult LG/XL
<u>ADDITIONAL VOLUNTEER OPPORTUNITIES:</u>	Coaching	Sponsorship	Equipment <i>Anywhere Needed!</i>
<u>AMT DUE:</u> \$125A/\$145NA + Concession Opt Out \$75 (if applicable) + \$25 late fee (if applicable)= \$_____			

Permission and Release:

Consent for Emergency Medical Treatment:

As the parent or guardian of the above named player, I hereby consent to emergency medical treatment performed by a licensed physician under any condition where it is judged by adult supervisors to be needed to protect my child's health and well being, and where my specific consent is not immediately available.

Waiver of Liability:

I further agree to abide by the rules set forth by the Sauk Prairie Area Youth Baseball (SPAYB), Sauk Prairie Community Recreation Department (SPCRD), and Summer Rec., Inc. I release, discharge, and/or indemnify SPAYB, Summer Rec., Inc., SPCRD and its sponsors, coaches and other personnel and the owners of facilities used by the organization against any claim by or on behalf of the registrant as a result of the person's participation in the programs or while being transported to/from the game, such transport I hereby authorize.

Signature of Parent or Guardian:

Date:

X _____

X _____

Photography Waiver: Please initial here if you do NOT consent to your child's photo being taken or posted publically _____

Fee Paid: \$ _____ Check # _____ **MAKE CHECKS PAYABLE TO SPCRD**

Send Payment to: SP Rec Dept, 730 Monroe Street, Sauk City, WI 53583 or use Community Center Drop Box.

Concussion Information and Waiver



Parent/Athlete Concussion Awareness Information

A concussion is a type of traumatic brain injury that changes the way the brain normally works. A concussion is caused by a bump, blow or jolt to the head or body that causes the head and brain to move rapidly back and forth. Even a “ding”, “getting your bell rung” or what seems to be a mild bump or blow to the head can be serious.

WHAT ARE THE SIGNS AND SYMPTOMS OF A CONCUSSION?

Signs and symptoms of a concussion can show up right after the injury or may appear days or weeks after the injury. If an athlete reports one or more symptoms of concussions listed below after a bump, blow or jolt to the head or body, they should be kept out of play the day of the injury and until a health care professional, experienced in evaluating concussions, says they are symptom-free and they are OK to return to play.

- Signs Observed by Coaching Staff:**
- Appears dazed or stunned
 - Is confused about position or assignment
 - Forgets an instruction
 - Is unsure of game score or opponent
 - Moves clumsily
 - Answers questions slowly
 - Loses consciousness (even briefly)
 - Shows mood, behavior or personality changes
 - Cannot recall events prior to hit or fall
 - Cannot recall events after hit or fall

- Symptoms Reported by Athletes:**
- Headaches or “pressure” in the head
 - Nausea or vomiting
 - Balance problems or dizziness
 - Double or blurry vision
 - Sensitivity to noise
 - Feeling sluggish, hazy, foggy or groggy
 - Concentration or memory problems
 - Confusion
 - Just not “feeling right” or “feeling down”

CONCUSSION DANGER SIGNS

In rare cases, a dangerous blood clot may form on the brain in a person with a concussion and crowd the brain against the skull. An athlete should receive immediate medical attention if after a bump, blow or jolt to the head or body they exhibit any of the following danger signs:

- One pupil larger than the other
- Is drowsy or cannot be awakened
- A headache that gets worse or slurred speech
- Weakness, numbness or decreased coordination
- Repeated vomiting or nausea
- Convulsions, seizures or unusual behavior
- Cannot recognize people or places
- Becomes increasingly confused or agitated
- Loses consciousness for any amount of time

WHY SHOULD AN ATHLETE REPORT THEIR SYMPTOMS?

If an athlete has a concussion, his/her brain needs time to heal. While an athlete’s brain is healing, they are much more likely to have another concussion. Repeat concussions can increase the time it takes to recover. In rare cases, repeat concussions in young athletes can result in brain swelling or permanent damage to their brain. It can even be fatal.

WHAT SHOULD YOU DO IF YOU THINK YOUR ATHLETE HAS A CONCUSSION?

If you suspect that an athlete has a concussion, remove them from play and seek medical attention. Do not try to judge the severity of the injury yourself. Keep the athlete out of play until a medical professional says they are symptom free and are OK to return to play. Rest is the key to help an athlete recover. Exercising or activities that involve a lot of concentration (studying, computers, video games) may cause concussion symptoms to reappear or worsen. After a concussion, returning to sports and school is a gradual process that should be carefully managed and monitored by a health care professional.

I, _____, of Sauk Prairie Recreation Department
(Student / Athlete Name)

Sport: _____

hereby acknowledge having received education about the signs, symptoms and risks of sport related concussion as provided in the information above. I also acknowledge my responsibility to report to my coaches, parent(s) / guardian(s) any signs or symptoms of a concussion.

Signature and printed name of student / athlete

Date

I, the parent / guardian of the student athlete named above, hereby acknowledge having received education about the signs, symptoms and risks of sport related concussion as provided in the information above.

Signature and printed name of parent / guardian

Date



2018 SAUK PRAIRIE SUMMER BASEBALL ATHLETE CODE OF CONDUCT AGREEMENT

Sauk Prairie Summer Baseball is a PRIVILEGE not a right, and any player that does not abide to the program's views of baseball or proves to be a distraction to their team will be released from the program.

As a participant in a program of the Sauk Prairie Summer Baseball Program, I agree to abide by and follow the rules and guidelines below.

Respect on and off the field is the key!

- I will remember that I play baseball to have fun.
- I will remember that I come to the practices and games to have fun playing baseball and I understand that any conduct that does not display this can affect my practice and playing time. (i.e., fooling around during practice, during a game, on the bench, making fun of teammates, not paying attention to coaches at practice or during the game, etc.).
- I will respect my teammates, coaches, and spectators. This includes following directions given by the coach without questioning or back talking.
- I will actively display good sportsmanship through my actions, by demonstrating positive support for all players.
- I will treat umpires and officials with respect, even if I disagree.
- I will treat all players, coaches, officials, parents, and spectators with respect regardless of race, creed, color, sex or ability.
- I will treat all players, coaches, officials, parents, and spectators with dignity in language, attitude, behavior, and mannerisms.
- I will respect the property and equipment used at any sports facility, both home and away.
- I will conduct myself in a style that will represent my team, family and community in a positive manner.
- I will help take care of and respect our facility by helping in field maintenance, such as dragging the field after games and practices.
- I will NOT make threats of any kind including verbal or physical to any members of my team, other teams, coaches or any member of the community including via social media.
- I will NOT display bullying behavior of any type to any teammates, opposing team members or spectators either verbally or through social media.

NOTE: If you, as an athlete, have any questions regarding playing time, position(s) being played, spot in the lineup, etc., we encourage you to be the one to talk to the coach or coaches. This should not be done during a game or practice.

I understand that by signing this document I am agreeing to support and promote this ATHLETE Code of Conduct Agreement. Further, my failure to comply with this Agreement or my participation in any of the defined CONDUCT SUBJECT TO DISCIPLINE will result in disciplinary action, up to and including expulsion from the Sauk Prairie Summer Baseball Program.

Player Signature

Date

Printed Name

2018 Sauk Prairie Summer Baseball

PARENT/LEGAL GUARDIAN CODE OF CONDUCT AGREEMENT

Sauk Prairie Summer Baseball is a PRIVILEGE not a right and any player or parent that does not abide to the program's views of baseball or proves to be a distraction to their team will be released from the program.

As a parent/legal guardian of a child involved in the Sauk Prairie Summer Baseball program, I agree to abide by and follow the rules and guidelines below.

- I will promote the emotional and physical well-being of the athletes ahead of any personal desire to win.
- I will remember that my child plays baseball for his enjoyment, not mine.
- I will encourage good sportsmanship through my actions, by demonstrating positive support for all players.
- I will provide support for coaches and officials working with the athletes to provide a positive experience for all.
- I will demand my athlete treat all players, coaches, officials, parents, and spectators with respect regardless of race, creed, color, sex or ability.
- I will demand my athlete not engage in any type of threatening or bullying behavior either verbally or physically in person or via social media.
- I will treat all players, coaches, officials, parents, and spectators with dignity in language, attitude, behavior, and mannerisms.
- I will inform the coach of any physical disability or ailment that may affect the safety of my athlete or the safety of others.
- I will notify the coach in a timely manner if my son is ill or unable to attend a game/practice due to other obligations.
- I will respect the property and equipment used at any sports facility, both home and away.
- I will help take care of and respect our facility by helping in field maintenance, such as dragging the field after games and practices.
- I understand the consumption of alcohol is prohibited at all Sauk Prairie Summer Baseball games.
- I understand that concealed weapons are not allowed at games or practices.

NOTE: If your athlete has any questions, we encourage them to be the individual to talk to the coach or coaches. However, if parents have questions regarding their son's playing time, position, spot in the lineup, etc., **please wait at least 1 hour after a game before discussing with coaches.** The competitive nature of sports applies to coaches and a 'cooling' down period after games is a nice buffer for coaches/parents.

I understand that by signing this document I am agreeing to support and promote this Parent/Legal Guardian Code of Conduct Agreement. Further, my failure to comply with this Agreement or my participation in any of the defined CONDUCT SUBJECT TO DISCIPLINE will result in disciplinary action, up to and including expulsion from the Sauk Prairie Summer Baseball program and its affiliate member associations.

Player Name: _____

Signature of Parent/Guardian #1

Date

Printed Name

Signature of Parent/Guardian #2

Date

Printed Name





Sauk Prairie Summer Baseball

PARENT CONDUCT SUBJECT TO DISCIPLINE

The following are examples of words or actions which will constitute a violation of the Code include, but are not limited to the following:

1. Making physical contact with any player, coach, official, league representative, field/complex personnel or spectator;
2. Taunting or threatening any player, coach, official, league representative, field/complex personnel or spectator, including via social media;
3. Going into the dugout of an opposing team or obstructing their access to or exit from dugout and/or field/complex;
4. Going after officials on the field or obstructing their access to or exit from the field/complex;
5. Using profane and/or vulgar language or mannerisms;
6. Going onto the diamond;
7. Throwing of any object onto the playing field, into the player area(s), or at another individual;
8. Defacing or damaging property belonging to any individual, team, association or complex;
9. Being involved in any activity that would warrant the summoning of law enforcement officials;
10. Inciting any person(s) to become involved in any of the above-listed behaviors.
11. Any other conduct that is not in compliance with the tenets of the Sauk Prairie Summer Baseball Program.