

PLEASE NOTE: Carbohydrate counts are based on information obtained from manufacturers and school recipes and may vary due to product substitutions and/or recipe variations. If you or your child have a medical condition, please check the manufacturer label before consuming any food at school.

All Meals Served with Choice of Skim (13),
1% (13), or Skim Chocolate Milk (18)

April 2018

Sauk Prairie Specialty Bar Carb Count

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
2 Baked Potato Bar (37) Garden Salad (~4) Soft Pretzel (30) Fresh Fruit (~15)	3 Pasta Bar Italian Meatballs (5) with Marinara (14) Whole Wheat Pasta (38) Caesar Salad Bar (~2) Pears (16)	4 Salad Bar Soup of the Day- Cheesy Potato (~14) Dinner Roll (26) Carrots (9) Fruit Cocktail (14)	5 Sub Sandwich (28) Veggie Topping Bar (~4) Baked Chips (26) Baked Beans (29) Applesauce (22)	6 Calzones (33) with Marinara (9) Steamed Broccoli (5) Garden Salad (~4) Pineapple Tidbits (16)
9 Baked Potato Bar (37) Garden Salad (~4) Soft Pretzel (30) Fresh Fruit (~15)	10 Chicken Alfredo Pasta Bar Alfredo Sauce (6) Italian Chicken (2) Whole Wheat Pasta (38) Caesar Salad Bar (~2) Peaches (12)	11 Salad Bar Soup of the Day-Chicken Tortilla (10) Dinner Roll (26) Carrots (9) Applesauce (22)	12 Sub Sandwich (28) Veggie Topping Bar (~4) Baked Chips (26) Baked Beans (29) Fruit Cocktail (14)	13 Hamburger Bar (26) w/Mushroom & Swiss Option Baked Fries (16) Garden Salad (~2) Fresh Fruit (~15)
16 Baked Potato Bar (37) Garden Salad (~4) Soft Pretzel (30) Fresh Fruit (~15)	17 Pasta Bar Italian Meatballs (5) with Marinara (14) Whole Wheat Pasta (38) Caesar Salad Bar (~2) Applesauce (22)	18 Salad Bar Soup of the Day- Cheesy Broccoli (16) Dinner Roll (26) Carrots (9) Pineapple (16)	19 Sub Sandwich (28) Veggie Topping Bar (~4) Baked Chips (26) Baked Beans (29) Pears (16)	20 Stir Fry Bar Brown Rice (46) Teriyaki Chicken (6) Assorted Veggies (~5) Mandarin Oranges (14)
23 Baked Potato Bar (37) Garden Salad (~4) Soft Pretzel (30) Fresh Fruit (~15)	24 Chicken Alfredo Pasta Bar Alfredo Sauce (6) Italian Chicken (2) Whole Wheat Pasta (38) Caesar Salad Bar (~2) Fruit Cocktail (14)	25 Salad Bar Soup of the Day-Cook's Choice Italian Bread (15) Carrots (9) Pears(16)	26 Sub Sandwich (28) Veggie Topping Bar (~4) Baked Chips (26) Baked Beans (29) Peaches (12)	27 Italian Meatball (5) Sub on a Hoagie Bun (28) Marinara Sauce (14) Garden Salad (~4) Chocolate Chip Cookie Bar (~20)
30 Baked Potato Bar (37) Garden Salad (~4) Soft Pretzel (30) Fresh Fruit (~15)				

This institution is an equal opportunity provider.