

Fall Gymnastics 2017



LEVEL 1 (BEGINNER): Little or no experience. Working on fundamental skills: handstand, cartwheel, roundoff, back-bend, pullover with or without spot, walks/kicks/hops in all directions on high beam, and squat on vault.

LEVEL 2 (INTERMEDIATE): Can master Level 1 skills. Working toward these advanced skills: back-bend kick over, back handspring with spot, pullover on own, back hip circle, squat on bars, tumbling skills on low or medium beam, and vault over table trainer to handstand flat back.

LEVEL 3 (ADVANCED): Can master Level 2 skills. Working toward combinations of advanced skills: roundoff back handspring, front tuck, back tuck, aerials, kip on low and high bar, vault over table, tumbling skills on high beam, and front tuck or aerial beam dismount.

LEVEL 4 (INVITE ONLY): For individuals mastering Level 3 skills, working on tumbling combinations on the floor and beam, working kips and flyaways on bars, and vaulting over the horse. These girls should have multiple years of experience with gymnastics or have competed at the high school level.

Instructor may move your child up or down into a different level class to accommodate ranging skill levels.

***Please register for ONE CLASS ONLY (Registration for one class only allowed)**

Location: Grand Avenue Elementary

Dates: Tuesdays, September 5 – October 17 (7 weeks)

Instructors: Ericka, Madison, Addie

Time	Level	Grade	Program #	Fee:	Max
5:45 – 7:00pm	3	1 - 4 (8 spots) 5 & up (8 spots)	3321	\$53/A, \$73/NA	16
7:00 – 8:30pm	4	Invite Only	3322	\$63/A, \$83/NA	16
7:00 - 8:30pm	High School Open Gym - HS Athletes			\$5 per drop in	-

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Dates: Thursdays, September 7 – October 19 (7 weeks)

Instructors: Ericka, Audrey, Addie

Time	Level	Grade	Program #	Fee:	Max
5:45 – 7:00pm	3	1 - 4 (8 spots) 5 & up (8 spots)	3323	\$53/A, \$73/NA	16
7:00 – 8:30pm	4	Invite Only	3324	\$63/A, \$83/NA	16
7:00 - 8:30pm	High School Open Gym - HS Athletes			\$5 per drop in	-

Dates: Sundays, September 10 – October 22 (7 weeks)

Instructors: Madison, Addie, Carina, Kylie, Samara

Time	Level	Grade	Program #	Fee:	Max
1:15 – 2:00 pm	4 & 5 year olds	-	3317	\$32/A, \$52/NA	12
2:00 – 3:00 pm	1	ALL	3315	\$42/A, \$62/NA	16
3:00 – 4:00 pm	2	ALL	3319	\$42/A, \$62/NA	16
4:00 - 5:00 pm	OPEN GYM	ALL	-	-	-
5:15 - 6:00 pm	4 & 5 year olds	-	3318	\$32/A, \$52/NA	12
6:00 – 7:00 pm	1	ALL	3316	\$42/A, \$62/NA	16
7:00 – 8:00 pm	2	ALL	3320	\$42/A, \$62/NA	16

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Gymnastics Registration Process

Gymnastics registration will be a **lottery system**, meaning all registrants will be randomly selected after registration window is closed.

Registration will open on Tuesday, August 22nd at 8:00 am and then close on Tuesday, August 29th at 4:00 pm.

All registrants must use the [general recreation department registration form](#) and **seal form in an envelope with payment**. **Registration and payment should be sent together**. Should participant be wait listed the check will be held one week, if no spots open check will be shredded unless requested to be held for pick up. If payment by cash, cash will be held for pick up.

On the envelope put: SP Recreation Department Fall Gymnastics 2017. If you have more than one child in the program, you **MUST** place a separate form in a separate envelope to be considered for placement.

When filling out the registration form for your child please be sure to fill out the form completely, including the **child's name and class number**. You may list multiple classes on the form, please put in priority order as you will only be allowed one class per participant. Level 4 will be invite only, you will be informed via e-mail if you are eligible for Level 4.

Once you have sealed the envelope with form, payment and labeled, please mail in or drop off the envelope to the Community Center, 730 Monroe St, Sauk City, 53583 by 4pm on Tuesday, August 29th. Mail in forms must be postmarked by August 29th.

On September 1st, registration forms will be drawn randomly and placed into the registration system. The lottery system **will not guarantee** class placement, if a class of your choice is full you will be placed on a waitlist.

If you have any questions, please call the Recreation Department at 608-643-0520 or email sprec@saukprairieschools.org.