

January 2018

Alternate Meal Offered Daily

Peanut Butter & Jelly Uncrustable
Cheese Stick & Pretzel Pack
Fruit & Vegetable of the Day

PLEASE NOTE: Carbohydrate counts are based on information obtained from manufacturers and school recipes and may vary due to product substitutions and/or recipe variations. If you or your child have a medical condition, please check the manufacturer label before consuming any food at school

All Meals Served with Choice of Skim (13),
1% (13), or Skim Chocolate Milk (18)

Sauk Prairie Elementary Menu * Bridges * Grand Avenue * Merrimac * Tower Rock *

Monday	Tuesday	Wednesday	Thursday	Friday
1 No School	2 No School	3 Mini Corn Dogs (33) Baked Beans (30) Garden Salad Bar (~2) Pears (14)	4 Cheese Pizza Round (43) Green Beans (4) Garden Salad Bar (~2) Banana (17)	5 Mac & Cheese (15) Pretzel Bites (25) Steamed Peas (11) Garden Salad Bar (~2) Red & Green Grapes (14) Banana Snack Cake (26)
8 Super Nachos (3) Corn Tortilla Chips (18) Black Beans (20) Steamed Corn (13) Veggie Toppings (~2) Strawberry Cup (22)	9 Chicken Patty (14) On a Whole Grain Bun (20) Curly Fries (23) Garden Salad Bar (~2) Pineapple (16)	10 Deli Turkey Sub On a Hoagie Bun (30) Garden Salad Bar (~2) Apple (8) Baked Lay's Chips (26)	11 Chicken Poppers (16) Honey Biscuit (32) Garden Salad Bar (~2) Orange Wedges (10)	12 Pizza Dippers (34) With Marinara Sauce (7) Garden Salad Bar (~2) Peaches (12) School Made Sugar Cookie(~20)
15 Mini Pancakes (39) Cheesy Omelet Seasoned Potatoes (25) Carrots (6) Applesauce (22)	16 Chicken & Gravy over Mashed Potatoes (~10) Dinner Roll (15) Steamed Broccoli (1) Strawberries & Banana Halves (~11)	17 Pepperoni Pizza Round (39) Green Beans (4) Garden Salad Bar (~2) Pear Slices (16)	18 Turkey Hot Dog On a Whole Grain Bun (27) Baked Beans (30) Apple Slices (8) Chocolate Pudding (16)	19 Whole Wheat Pasta (38) With Meatballs (3) & Marinara (14) Bread Stick (15) Garden Salad Bar (~2) Pineapple (16)
22 Yang's Chicken Teriyaki (6) Steamed Brown Rice (23) Steamed Broccoli (1) Cucumber & Cherry Tomato (1) Orange Wedges (10)	23 Beef Taco (4) Soft Shell (15) Assorted Veggie Toppings (~2) Cheesy Pinto Beans (20) Strawberry Shortcake (~32)	24 Italian Mozzarella Sticks (31) With Marinara Sauce (7) Garden Salad Bar(~2) Tropical Fruit Mix (~16)	25 Chicken Noodle Soup (18) Dinner Roll & Crackers (20) Cheddar Cheese Cubes (1) Garden Salad Bar (~2) Banana (17)	26 Hot Ham & Cheese On a Pretzel Bun (29) Potato Wedges (20) With Dipping Sauce (1) Garden Salad Bar (~2) Craisins (28)
29 French Toast Sticks (24) W/Blueberry Syrup (27) Sausage Patty (1) Potato Smiles (20) Broccoli Florets (1) Applesauce (22)	30 Cheeseburger On a Whole Grain Bun (20) Sweet Potato Fries (17) Garden Salad Bar (~2) Pineapple Tidbits (16)	31 Chicken Quesadilla (32) Refried Beans (19) Steamed Corn (13) Assorted Veggie Toppings (~2) Orange Wedges (10)		

This institution is an equal opportunity provider.



January 2018
Sauk Prairie Elementary Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage Breakfast Pizza (26) Fruit (~15), Juice (14)	Mini Cinnis (37) Fruit (~15), Juice (14)	School Made Muffin (~39) with Colby Jack Cheese Stick Fruit (~15), Juice (14) *Mini Cinni on 1/3*	Warm Oatmeal-Chocolate Chip Breakfast Round (44) Fruit (~15), Juice (14) *Muffin w/ Cheese Stick on 1/4*	Apple Frudel (36) Fruit (~15), Juice (14)

Cold Breakfast Option

Cereal: *Trix (reduced sugar), Golden Grahams, & Apple Cinnamon or Multigrain Cheerios*

Yogurt or String Cheese

Juice & Fruit

Milk

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