

January 2018

Sauk Prairie MS and HS Menu

Menu Subject to change
due to availability

All Meals Served with Choice of Skim, 1%,
or Skim Chocolate Milk

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
1 No School	2 No School	3 Mini Corn Dogs Baked Beans Garden Salad Bar Pears	4 Cheese Pizza Round Green Beans Garden Salad Bar Banana	5 Mac & Cheese Pretzel Bites Steamed Peas Garden Salad Bar Red & Green Grapes Banana Snack Cake
8 Super Nachos Black Beans Steamed Corn Veggie Toppings Strawberry Cup	9 Chicken Patty On a Whole Grain Bun Curly Fries Garden Salad Bar Pineapple	10 Pulled Pork On a Hoagie Bun Garden Salad Bar Apple Baked Lay's Chips	11 Honey Sriracha Boneless Wings Honey Biscuit Garden Salad Bar Orange Wedges	12 Garlic French Bread Pizza With Marinara Sauce Garden Salad Bar Peaches School Made Sugar Cookie
15 Mini Pancakes Cheesy Omelet Seasoned Diced Potatoes Carrots Applesauce	16 Chicken & Gravy over Mashed Potatoes Dinner Roll Steamed Broccoli Strawberries & Banana Halves	17 Pepperoni Pizza Green Beans Garden Salad Bar Pear Slices	18 Turkey Hot Dog On a Whole Grain Bun Baked Beans Apple Slices Chocolate Pudding	19 Whole Wheat Pasta With Meatballs & Marinara Bread Stick Garden Salad Bar Pineapple
22 Yang's Chicken Teriyaki Steamed Brown Rice Steamed Broccoli Cucumber & Cherry Tomatoes Mandarin Oranges	23 Beef Taco On a Soft Shell Taco Assorted Veggie Toppings Cheesy Pinto Beans Strawberry Shortcake	24 Italian Mozzarella Sticks With Marinara Sauce Garden Salad Bar Tropical Fruit Mix	25 Chicken Noodle Soup Dinner Roll & Crackers Cheddar Cheese Cubes Garden Salad Bar Banana	26 Hot Ham & Cheese On a Pretzel Bun Potato Wedges with Dipping Sauce Garden Salad Bar Craisins
29 French Toast Sticks w/Blueberry Syrup Sausage Patty Potato Smiles Broccoli Florets Applesauce	30 Cheeseburger On a Whole Grain Bun Sweet Potato Fries Garden Salad Bar Pineapple Tidbits	31 Chicken Quesadilla Refried Beans Steamed Corn Assorted Veggie Toppings Orange Wedges		

This institution is an equal opportunity provider.



January 2018
Sauk Prairie MS & HS Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Pizza Fruit, Juice, Milk	Mini Cinnis Fruit, Juice, Milk	MS: School Made Muffin with Colby Jack Cheese Stick Juice, Fruit, Milk HS: Cranberry Fruit Oatmeal Juice, Fruit, Milk *MS and HS=Mini Cinni on 1/3*	Warm Oatmeal-Chocolate Chip Breakfast Round Fruit, Juice Milk *MS=Muffin & Cheese Stick 1/4* *HS=Oatmeal on 1/4*	English Muffin Sandwich Fruit, Juice Milk

Cold Breakfast Option

Cereal: *Trix (reduced sugar), Golden Grahams, & Apple Cinnamon or Multigrain Cheerios*
Yogurt or String Cheese
Juice & Fruit
Milk

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