

May 2018

Alternate Meal Offered Daily

Peanut Butter & Jelly Uncrustable  
Cheese Stick & Cracker Pack  
Fruit & Vegetable of the Day

*PLEASE NOTE: Carbohydrate counts are based on information obtained from manufacturers and school recipes and may vary due to product substitutions and/or recipe variations. If you or your child have a medical condition, please check the manufacturer label before consuming any food at school.*

All Meals Served with Choice of Skim (13),  
1% (13), or Skim Chocolate Milk (18)

**Sauk Prairie Elementary Carb Count**

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Cheeseburger On a Whole Grain Bun (20) Sweet Potato Fries (17) Garden Salad Bar (~2) Pineapple Tidbits (16)	2 Mini Corn Dogs (33) Baked Beans (30) Garden Salad Bar (~2) Pears (14) Banana Snack Cake (26)	3 Stuffed Crust Cheese Pizza Wedge (35) Green Beans (4) Garden Salad Bar (~2) Banana (17)	4 Fish Nuggets (22) Dinner Roll (20) Steamed Peas (11) Garden Salad Bar (~2) Red & Green Grapes (14)
7 Pizza Dippers (34) With Marinara Sauce (7) Garden Salad Bar (~2) Peaches (12)	8 Chicken Patty (14) On a Whole Grain Bun (20) Curly Fries (23) Garden Salad Bar (~2) Pineapple (16)	9 Deli Turkey Sub On a Hoagie Bun (30) Garden Salad Bar (~2) Apple (8) Baked Lay's Chips (26)	10 Chicken Poppers (16) Wild Rice Blend (14) Garden Salad Bar (~2) Orange Wedges (10)	11 Sloppy Joe (11) Whole Grain Bun (20) Baked Beans (30) Garden Salad Bar (~2) Strawberry Cup (22)
14 Mini Pancakes (39) Cheesy Omelet Seasoned Potatoes (25) Carrots (6) Applesauce (22)	15 Chicken & Gravy over Mashed Potatoes (~10) Dinner Roll (15) Steamed Broccoli (1) Strawberries & Banana Halves (~11)	16 Stuffed Crust Pepperoni Pizza Wedge (36) Green Beans (4) Garden Salad Bar (~2) Pear Slices (16)	17 Whole Wheat Pasta (38) With Meatballs (3) & Marinara (14) Bread Stick (15) Garden Salad Bar (~2) Pineapple (16)	18 Turkey Hot Dog On a Whole Grain Bun (27) Baked Beans (30) Radish, Carrot & Celery Sticks Apple Slices (8) Chocolate Pudding (16)
21 New -Tangerine Chicken (12) Steamed Brown Rice (23) Steamed Broccoli (1) Cucumber & Cherry Tomato (1) Mandarin Oranges (10)	22 Beef Taco (4) Soft Shell (15) Assorted Veggie Toppings (~2) Cheesy Pinto Beans (20) Peach Slices (12)	23 Italian Mozzarella Sticks (31) With Marinara Sauce (7) Garden Salad Bar (~2) Strawberry Shortcake (~32)	24 Wild Mike's Cheese Pizza (34) Green Beans (5) Garden Salad Bar (~2) Banana (17)	25 Hot Ham & Cheese On a Pretzel Bun (29) Tater Tots (14) Garden Salad Bar (~2) Craisins (28)
28	29 French Toast Sticks (28) Sausage Patty (1) Potato Smiles (20) Broccoli Florets (1) Applesauce (22)	30 Cheeseburger On a Whole Grain Bun (20) Sweet Potato Fries (17) Garden Salad Bar (~2) Pineapple Tidbits (16)	31 Mini Corn Dogs (33) Baked Beans (30) Garden Salad Bar (~2) Pears (14)	

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## Sauk Prairie Elementary Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage Breakfast Pizza (26) Fruit (~15), Juice (14)	Mini Cinnis (37) Fruit (~15), Juice (14)	School Made Muffins (~39) with Smoothie or Colby Jack Cheese Stick 5/2 = Cheese Stick 5/9= Mango-liscious Smoothie (~30) 5/16= Cheese Stick 5/23= Cocoa Banana Smoothie(~42) 5/30=Cheese Stick Fruit (~15), Juice (14)	Turkey Bites (15) Fruit (~15), Juice (14)	Cherry Frudel (36) Fruit (~15), Juice (14)

### Cold Breakfast Option

**Cereal:** *Trix (reduced sugar), Golden Grahams, & Apple Cinnamon or Multigrain Cheerios*

**Yogurt or String Cheese**

**Juice & Fruit**

**Milk**

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