

PLEASE NOTE: Carbohydrate counts are based on information obtained from manufacturers and school recipes and may vary due to product substitutions and/or recipe variations. If you or your child have a medical condition, please check the manufacturer label before consuming any food at school.

All Meals Served with Choice of Skim (13),
1% (13), or Skim Chocolate Milk (18)

May 2018

Sauk Prairie Specialty Bar Carb Count

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
	1 Chicken Alfredo Pasta Bar Alfredo Sauce (6) Italian Chicken (2) Whole Wheat Pasta (38) Caesar Salad Bar (~2) Peaches (12)	2 Salad Bar Italian Pasta Salad w/ Pepperoni (~35) Fresh Veggie Toppings (~2) Carrots (9) Fruit Cocktail (14)	3 Sub Sandwich (28) Veggie Topping Bar (~4) Baked Chips (26) Baked Beans (29) Applesauce (22)	4 Stir Fry Bar Brown Rice (46) Teriyaki Chicken (6) Assorted Veggies (~5) Pineapple Tidbits (16)
7 Build Your Own - Chicken Burrito Bowl Cilantro Lime Brown Rice (46) Corn (8) & Pinto Beans (18) Veggie Toppings (~4) Fresh Fruit (~15)	8 Pasta Bar Italian Meatballs (5) with Marinara (14) Whole Wheat Pasta (38) Caesar Salad Bar (~2) Pears (16)	9 Salad Bar Chicken Caesar Pasta Salad (~40) Fresh Veggie Toppings (~2) Carrots (9) Applesauce (22)	10 Sub Sandwich (28) Veggie Topping Bar (~4) Baked Chips (26) Baked Beans (29) Fruit Cocktail (14)	11 Hamburger Bar (26) w/Mushroom & Swiss Option Baked Fries (16) Garden Salad (~2) Fresh Fruit (~15)
14 Hot and Spicy Chicken Tenders (17) Biscuit (27) Garden Salad (~4) Fresh Fruit (~15)	15 Chicken Alfredo Pasta Bar Alfredo Sauce (6) Italian Chicken (2) Whole Wheat Pasta (38) Caesar Salad Bar (~2) Fruit Cocktail (14)	16 Salad Bar Veggie Pasta Salad (~35) Fresh Veggie Toppings (~2) Carrots (9) Pineapple (16)	17 Sub Sandwich (28) Veggie Topping Bar (~4) Baked Chips (26) Baked Beans (29) Pears (16)	18 Stir Fry Bar Brown Rice (46) Teriyaki Chicken (6) Assorted Veggies (~5) Mandarin Oranges (14)
21 Buffalo Chicken Drummie (4) Italian Bread (15) Green Beans (4zz0) Garden Salad (~4) Soft Pretzel (30) Fresh Fruit (~15)	22 Pasta Bar Italian Meatballs (5) with Marinara (14) Whole Wheat Pasta (38) Caesar Salad Bar (~2) Applesauce (22)	23 Salad Bar Chicken Caesar Pasta Salad (~40) Fresh Veggie Toppings (~2) Carrots (9) Pears (16)	24 Sub Sandwich (28) Veggie Topping Bar (~4) Baked Chips (26) Baked Beans (29) Peaches (12)	25 BBQ Meatball (4) Sub w/Creamy Coleslaw (13) on a Hoagie Bun (28) BBQ Sauce (14) Garden Salad (~4) Chocolate Chip Cookie Bar (~20)
28 No School	29 Chicken Alfredo Pasta Bar Alfredo Sauce (6) Italian Chicken (2) Whole Wheat Pasta (38) Caesar Salad Bar (~2) Peaches (12)	30 Salad Bar Italian Pasta Salad w/ Pepperoni (~35) Fresh Veggie Toppings (~2) Carrots (9) Fruit Cocktail (20)	31 Sub Sandwich (28) Veggie Topping Bar (~4) Baked Chips (26) Baked Beans (29) Applesauce (22)	

This institution is an equal opportunity provider.