

PLEASE NOTE: Carbohydrate counts are based on information obtained from manufacturers and school recipes and may vary due to product substitutions and/or recipe variations. If you or your child have a medical condition, please check the manufacturer label before consuming any food at school.

All Meals Served with Choice of Skim (13),
1% (13), or Skim Chocolate Milk (18)

May 2018

Sauk Prairie Specialty Bar Carb Count

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| | 1 Chicken Alfredo Pasta Bar Alfredo Sauce (6) Italian Chicken (2) Whole Wheat Pasta (38) Caesar Salad Bar (~2) Peaches (12) | 2 Salad Bar Italian Pasta Salad w/ Pepperoni (~35) Fresh Veggie Toppings (~2) Carrots (9) Fruit Cocktail (14) | 3 Sub Sandwich (28) Veggie Topping Bar (~4) Baked Chips (26) Baked Beans (29) Applesauce (22) | 4 Stir Fry Bar Brown Rice (46) Teriyaki Chicken (6) Assorted Veggies (~5) Pineapple Tidbits (16) |
| 7 Build Your Own - Chicken Burrito Bowl Cilantro Lime Brown Rice (46) Corn (8) & Pinto Beans (18) Veggie Toppings (~4) Fresh Fruit (~15) | 8 Pasta Bar Italian Meatballs (5) with Marinara (14) Whole Wheat Pasta (38) Caesar Salad Bar (~2) Pears (16) | 9 Salad Bar Chicken Caesar Pasta Salad (~40) Fresh Veggie Toppings (~2) Carrots (9) Applesauce (22) | 10 Sub Sandwich (28) Veggie Topping Bar (~4) Baked Chips (26) Baked Beans (29) Fruit Cocktail (14) | 11 Hamburger Bar (26) w/Mushroom & Swiss Option Baked Fries (16) Garden Salad (~2) Fresh Fruit (~15) |
| 14 Hot and Spicy Chicken Tenders (17) Mashed Potatoes (16) Breadstick (15) Green Beans(4) Garden Salad (~4) Fresh Fruit (~15) | 15 Chicken Alfredo Pasta Bar Alfredo Sauce (6) Italian Chicken (2) Whole Wheat Pasta (38) Caesar Salad Bar (~2) Fruit Cocktail (14) | 16 Salad Bar Veggie Pasta Salad (~35) Fresh Veggie Toppings (~2) Carrots (9) Pineapple (16) | 17 Sub Sandwich (28) Veggie Topping Bar (~4) Baked Chips (26) Baked Beans (29) Pears (16) | 18 Stir Fry Bar Brown Rice (46) Teriyaki Chicken (6) Assorted Veggies (~5) Mandarin Oranges (14) |
| 21 Buffalo Chicken Drummie (4) Garlic Mashed Potatoes (16) Italian Bread (15) Green Beans (4) Garden Salad (~4) Fresh Fruit (~15) | 22 Pasta Bar Italian Meatballs (5) with Marinara (14) Whole Wheat Pasta (38) Caesar Salad Bar (~2) Applesauce (22) | 23 Salad Bar Chicken Caesar Pasta Salad (~40) Fresh Veggie Toppings (~2) Carrots (9) Pears (16) | 24 Sub Sandwich (28) Veggie Topping Bar (~4) Baked Chips (26) Baked Beans (29) Peaches (12) | 25 BBQ Meatball (4) Sub w/Creamy Coleslaw (13) on a Hoagie Bun (28) BBQ Sauce (14) Garden Salad (~4) Chocolate Chip Cookie Bar (~20) |
| 28 No School | 29 Chicken Alfredo Pasta Bar Alfredo Sauce (6) Italian Chicken (2) Whole Wheat Pasta (38) Caesar Salad Bar (~2) Peaches (12) | 30 Salad Bar Italian Pasta Salad w/ Pepperoni (~35) Fresh Veggie Toppings (~2) Carrots (9) Fruit Cocktail (20) | 31 Sub Sandwich (28) Veggie Topping Bar (~4) Baked Chips (26) Baked Beans (29) Applesauce (22) | |

This institution is an equal opportunity provider.