

Alternate Meal Offered Daily



Peanut Butter & Jelly Uncrustable
Cheese Stick & Pretzel Pack
Fruit & Vegetable of the Day

Menu Subject to change
due to availability

All Meals Served with Choice of Skim, 1%,
or Skim Chocolate Milk

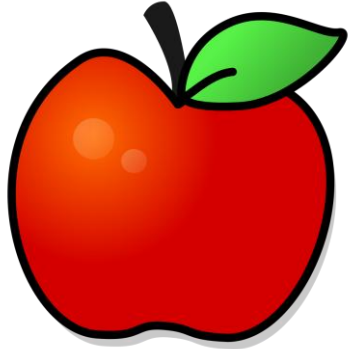
October 2017

Sauk Prairie Elementary Menu * Bridges * Grand Avenue * Merrimac * Tower Rock *

Monday	Tuesday	Wednesday	Thursday	Friday
2 French Toast Sticks Sausage Patty Potato Smiles Broccoli Florets Applesauce	3 Cheeseburger On a Whole Grain Bun Sweet Potato Fries Garden Salad Bar Pineapple Tidbits	4 Mini Corn Dogs Baked Beans Garden Salad Bar Pears Banana Snack Cake	5 Cheese Pizza Round Green Beans Garden Salad Bar Banana	6 Fish Nuggets Dinner Roll Steamed Peas Garden Salad Bar Red & Green Grapes
Celebrate National School Lunch Week: October 9-13th				
9 Super Nachos Black Beans Steamed Corn Veggie Toppings Strawberry Cup	10 Chicken Patty On a Whole Grain Bun Curly Fries Garden Salad Bar Pineapple	11 Deli Turkey Sub On a Hoagie Bun Garden Salad Bar Orange Wedges Baked Lay's Chips	12 Chicken Poppers Honey Biscuit Garden Salad Bar  Apple Crunch	13 Pizza Dippers With Marinara Sauce Garden Salad Bar Peaches Pumpkin Bar
16 Banana Bread Cheesy Omelet Seasoned Diced Potatoes Carrots Applesauce	17 Turkey Hot Dog On a Whole Grain Bun Baked Beans Apple Slices School Made Brownie	18 Pepperoni Pizza Green Beans Garden Salad Bar Pear Slices	19 Chicken & Gravy over Mashed Potatoes Dinner Roll Steamed Broccoli Strawberries & Banana Halves	20 Whole Wheat Pasta With Meatballs & Marinara Bread Stick Garden Salad Bar Pineapple
23 Yang's BBQ Chicken Teriyaki Steamed Brown Rice Cucumber & Radish Orange Wedges	24 Beef Taco Assorted Veggie Toppings Cheesy Pinto Beans Peach Slices	25 Italian Mozzarella Sticks With Marinara Sauce Garden Salad Bar Tropical Fruit Mix	26 No School	27 No School
30 Ham & Cheese On a Pretzel Bun Potato Wedges With Dipping Sauce Garden Salad Bar Craisins	31 Chicken Noodle Soup Dinner Roll & Crackers Cheddar Cheese cubes Garden Salad Bar Pumpkin Sugar Cookie Banana	 Celebrate National Farm to School (F2S) Month with The Great Lakes Apple Crunch! We will be serving locally grown apples from Ski-Hi Fruit Farm in Baraboo at lunch on Thursday, October 12th So we can help meet the ONE MILLION CRUNCH goal!		

This institution is an equal opportunity provider.

BREAKFAST MENU →



October 2017

Sauk Prairie Elementary Breakfast Menu

Join us for breakfast every morning for healthy, well-balanced options.

Breakfast includes entrée, fruit, juice, and milk.

\$1.60 Elementary (7:30-8:00) depending on your school

Monday	Tuesday	Wednesday	Thursday	Friday
Egg and Cheese Breakfast Burrito Fruit, Juice, Milk	Mini Cinnis Fruit, Juice, Milk	Sausage Breakfast Pizza Fruit, Juice, Milk	Cherry or Apple Frudel Fruit, Juice, Milk	Warm Oatmeal-Chocolate Chip Breakfast Round Fruit, Juice Milk

Cold Breakfast Option

Cereal: *Trix (reduced sugar), Golden Grahams, & Apple Cinnamon or Multigrain Cheerios*

Yogurt or String Cheese

Juice & Fruit

Milk