

OCTOBER 2017

MIDDLE & HIGH SCHOOL SPECIALTY BAR

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
2 Baked Potato Bar Garden Salad Soft Pretzel Fresh Fruit	3 Chicken Alfredo Pasta Bar Alfredo Sauce & Italian Chicken Whole Wheat Pasta Caesar Salad Bar Fruit Cocktail	4 Salad Bar Soup of the Day-Cheesy Broccoli Italian Bread Carrots Pears	5 Sub Sandwich Veggie Topping Bar Baked Chips Baked Beans Peaches	6 Italian Meatball Sub on a Hoagie Bun Garden Salad Fresh Fruit
9 Baked Potato Bar Garden Salad Soft Pretzel Fresh Fruit	10 Pasta Bar Italian Meatballs with Marinara Whole Wheat Pasta Caesar Salad Bar Pears	11 Salad Bar Soup of the Day- Cheesy Potato Dinner Roll Carrots Fruit Cocktail	12 Sub Sandwich Veggie Topping Bar Baked Chips Baked Beans Applesauce	13 Build Your Own Burrito Bowl Seasoned Beef Cilantro Lime Brown Rice Corn & Pinto Beans Veggie Toppings Fresh Fruit
16 Baked Potato Bar Garden Salad Soft Pretzel Fresh Fruit	17 Chicken Alfredo Pasta Bar Alfredo Sauce & Italian Chicken Whole Wheat Pasta Caesar Salad Bar Peaches	18 Salad Bar Soup of the Day-Chicken Tortilla Dinner Roll Carrots Applesauce	19 Sub Sandwich Veggie Topping Bar Baked Chips Baked Beans Fruit Cocktail	20 Hamburger Bar Baked Fries Garden Salad Fresh Fruit Sugar Cookie
23 Baked Potato Bar Garden Salad Soft Pretzel Fresh Fruit	24 Pasta Bar Italian Meatballs with Marinara Whole Wheat Pasta Caesar Salad Bar Applesauce	25 Salad Bar Soup of the Day- Cook's Choice Dinner Roll Carrots Pineapple	26 No School	27 No School
30 Baked Potato Bar Garden Salad Soft Pretzel Fresh Fruit	31 Chicken Alfredo Pasta Bar Alfredo Sauce & Italian Chicken Whole Wheat Pasta Caesar Salad Bar Fruit Cocktail			