

September 2017

Sauk Prairie Middle & High School Menu

Menu Subject to change
due to availability

All Meals Served with Choice of Skim, 1%,
or Skim Chocolate Milk

New Items

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>Farm to School (F2S)</u></p>  <p>Our menu will include locally grown apples from Ski Hi Fruit Farm (mid-Sept through Nov)</p>	<p>5</p> <p>Cheeseburger On a Whole Grain Bun Sweet Potato Fries Garden Salad Bar Pineapple Tidbits</p>	<p>6</p> <p>Mini Corn Dogs Baked Beans Garden Salad Bar Pears Banana Snack Cake</p>	<p>7</p> <p>Cheese Pizza Round Green Beans Garden Salad Bar Banana</p>	<p>8</p> <p>Fish Sandwich Steamed Peas Garden Salad Bar Red & Green Grapes</p>
<p>11</p> <p>Super Nachos Black Beans Steamed Corn Veggie Toppings Strawberry Cup</p>	<p>12</p> <p>Chicken Patty On a Whole Grain Bun Curly Fries Garden Salad Bar Pineapple</p>	<p>13</p> <p>Pulled Pork Sandwich Garden Salad Bar Apple Baked Lay's Chips</p>	<p>14</p> <p>Honey Sriracha Boneless Wings Honey Biscuit Garden Salad Bar Orange Wedges</p>	<p>15</p> <p>Garlic French Bread Pizza With Marinara Sauce Garden Salad Bar Peaches School Made Sugar Cookie</p>
<p>18</p> <p>Mini Pancakes Cheesy Omelet Seasoned Diced Potatoes Carrots Applesauce</p>	<p>19</p> <p>Turkey Hot Dog On a Whole Grain Bun Baked Beans Apple Slices School Made Brownie</p>	<p>20</p> <p>Pepperoni Pizza Green Beans Garden Salad Bar Pear Slices</p>	<p>21</p> <p>Chicken & Gravy over Mashed Potatoes Dinner Roll Steamed Broccoli Strawberries & Banana Halves</p>	<p>22</p> <p>Whole Wheat Pasta With Meatballs & Marinara Bread Stick Garden Salad Bar Pineapple</p>
<p>25</p> <p>Yang's Orange Chicken Steamed Brown Rice Broccoli Florets Cucumber & Radish Tropical Fruit Mix</p>	<p>26</p> <p>Beef Taco Assorted Veggie Toppings Cheesy Pinto Beans Orange Wedges Pumpkin Bar</p>	<p>27</p> <p>Italian Mozzarella Sticks With Marinara Sauce Garden Salad Bar Peach Slices</p>	<p>28</p> <p>Chicken Noodle Soup Dinner Roll Cheddar Cheese Cubes Garden Salad Bar Banana</p>	<p>29</p> <p>Hot Ham & Cheese Potato Wedges with Dipping Sauce Garden Salad Bar Craisins</p>

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Sauk Prairie Middle & High School Breakfast Menu

Join us for breakfast every morning for healthy, well-balanced options.
Breakfast includes entrée, fruit, juice, and milk.

<p>Cold Breakfast Option Available Daily</p> <p>Cheesy Egg Filled Bosco Stick Fruit, Juice, Milk</p>	<p>Mini Cinnis Fruit, Juice, Milk</p>	<p>Sausage Breakfast Pizza Fruit, Juice, Milk</p>	<p>Turkey Pancake Wrap Fruit, Juice, Milk</p>	<p>Warm Oatmeal-Chocolate Chip Breakfast Round Breakfast Sandwich Fruit, Juice, Milk</p>
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Grab & Go Breakfast Available Daily

All served with Fruit, Juice, & Milk

Peanut Butter & Jelly Uncrustables
Bagels, Breakfast Bars, Poptarts, Banana Bread
Cereal Varieties served with string cheese or yogurt

This institution is an equal opportunity provider.