



# Sauk Prairie Girls Summer Softball

The success of Sauk Prairie summer softball is dependent on parent volunteers. In 2017 over 120 girls participated in the program in grades 1<sup>st</sup>-11<sup>th</sup> on twelve teams coached by great parent volunteers. Volunteers are needed to serve on the board, coordinate programs, coach, work concession stands and do other fundraising. Concession stands are open at the St. Norbert and Middle School fields each night games are scheduled. Parent volunteers are needed to work these stands so each family will be required to work two shifts over the summer. For the 2018 season we will be purchasing field maintenance equipment, and new catcher's gear for all the teams. Fundraising will be very important to making sure these initiatives happen.

There will be a mandatory evaluation day for grades 3-8 on Saturday, April 14<sup>th</sup> which will be used to assist in placing players on teams. Detailed information will be available in late March.

*Improving player skills and providing an enjoyable playing experience are the two main goals of the summer softball program.*

**Softball Coach Pitch Grades K- 1– 2** This program provides girls with basic softball skill instruction. Again this year we are opening the league to Kindergartners who are 6 years old. The games will be on Tuesday and Thursday evenings at 6:00 p.m. (June 12 – July 19) at fields in our community including Merrimac. The purpose of this program is to provide girls an opportunity to expand on the skills learned in t-ball and prepare them for softball at the 3 and 4 grade level. Practices will begin the week of June 6<sup>th</sup> and the final games will be July 20<sup>th</sup>. **The date for age determination for coach pitch will be May 1<sup>st</sup> – a child must be 6 years old on or before May 1<sup>st</sup> or enrolled in Kindergarten in order to play coach pitch this summer. If a 2<sup>nd</sup> grader feels they have the skills to move up to U10 softball they must attend the April 14<sup>th</sup> evaluation day for consideration.**

**U10 Softball Grade 3 and 4** Girls will learn the basics of the game of softball while having the opportunity to play multiple positions and enjoy the playing experience. Girls will play in a recreational league that does require travel to other communities. At this level coaches will pitch to the girls for the first two weeks after which time the girls will begin pitching. Games will be played on Monday and Wednesday evenings and typically start at 6:00 p.m. and will begin the week of June 11<sup>th</sup> and run through July 26<sup>th</sup>. Practices will begin in mid to late May. **Must be age 10 or below on January 1, 2018.**

**U12 Softball Grades 5 and 6** At this grade level players will have the opportunity to play in competitive or recreational leagues and will be placed based on the results of the evaluation day. There will be travel to other communities with this age group. Games can begin as early as late May and will run until July 31<sup>st</sup> and do not have set nights. Practices will begin in May. Games can start anytime from 5:30 – 8:00 p.m. **Must be age 12 or below on January 1, 2018.**

**U14 Softball Grades 7 and 8** At this grade level players will have the opportunity to play in competitive or recreational leagues and will be placed based on the results of the evaluation day. There will be travel to other communities with this age group. Games can begin as early as late May and will run until July 31<sup>st</sup> and do not have set nights. Practices will begin in May. Games can start anytime from 5:30 – 8:00 p.m. **Must be age 14 or below on January 1, 2018.**

**U16 and U18 Senior Softball – Grades 9-12** Girls will continue to build on the skills learned in grades 1-8 The team(s) in this age group will play in a competitive league. Competition will be teams from Dane and surrounding counties. Games will begin as early as June 4<sup>th</sup> (depending on school varsity softball schedule) and do not have set nights. Practices may begin in late May. Games can start anytime from 5:30 – 8:00 p.m. **Must be age 18 or below on January 1, 2018.**

The registration deadline for softball is April 6, 2018. After this date registrations will only be accepted on a space available basis and will be subject to a \$25 late fee.

Any questions should be directed to Joleen Breunig, Summer Softball Coordinator at [saukprairiesoftball@gmail.com](mailto:saukprairiesoftball@gmail.com).

# Sauk Prairie Girls Summer Softball - Registration Form - 2018

Last Name	First Name	Birth Date	Grade (17-18 school year)	
Street Address	City	State	ZIP	Player Email Address (HS players only)
School Attended	Shirt Size (Circle One Please)	Youth: YS YM YL YXL	Adult: AS AM AL AXL A2XL A3XL	

## PARENT OR GUARDIAN INFORMATION:

Father's Name: \_\_\_\_\_ Mother's Name: \_\_\_\_\_

Email Address: \_\_\_\_\_ Email Address: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Home Phone: \_\_\_\_\_

## PLEASE SELECT A CATEGORY BELOW BASED ON YOUR CHILD'S CURRENT GRADE LEVEL:

_____ Softball Coach Pitch	Grades K & 1 & 2 (CP)	Fee: \$65.00A/\$85NA
_____ Softball U10	Grades 3 & 4	Fee: \$75.00A/\$95NA
_____ Softball U12—U18	Grades 5 – 12	Fee: \$105.00A/\$125NA
_____ U12 (5/6 grade)	_____ U14 (7/8 grade)	_____ U16-18 (9-12 grade)

### Village\Township-Circle one (Required)

**Affiliated Community:** Village PdS Village SC Town PdS Roxbury Sumpter Tn Mazo

**Non Affiliated Comm:** Troy Vil of Merrimac Tn of Merrimac West Point HoneyCreek Other (\_\_\_\_\_)

**REGISTRATION DEADLINE:** April 6, 2018 **LATE REGISTRATION:** Only accepted until teams are full and \$25 late fee will apply

**EVALUATION DAY:** There will be a mandatory evaluation day for all players in grades 3-8 on **Saturday, April 14th**. The results of the evaluation will be used to place girls on teams. More detailed information will be sent to registrants in late March.

**CONCESSION VOLUNTEER REQUIREMENT:** Every family with players in grades 3 - 12 will be required to work two shifts in the concession stand for each child during the summer. You may opt out by paying a \$75 fee with your registration.

**Amount Due:** \$ \_\_\_\_\_ league fee  
 \$ 75 concession volunteer opt out fee  
 \$ 25 late fee (if registering after April 6)  
 \$ \_\_\_\_\_ **Total**

**Volunteer Opportunities:** \_\_\_\_\_ Coach/Co-Coach \_\_\_\_\_ Fundraising \_\_\_\_\_ Umpire

## Permission and Release:

### **Consent for Emergency Medical Treatment:**

As the parent or guardian of the above named player, I hereby consent to emergency medical treatment performed by a licensed physician under any condition where it is judged by adult supervisors to be needed to protect my child's health and well being, and where my specific consent is not immediately available.

### **Waiver of Liability:**

I further agree to abide by the rules set forth by the Sauk Prairie Summer Rec., Inc. I release, discharge, and/or indemnify SPAYB, Summer Rec., Inc. and its sponsors, coaches and other personnel and the owners of facilities used by the organization against any claim by or on behalf of the registrant as a result of the person's participation in the programs or while being transported to/from the game, such transport I hereby authorize.

### **Signature of Parent or Guardian for permission and release**

X

X

**PHOTOGRAPHY WAIVER:** Please initial here if you do NOT consent to your child's photo being taken or posted publically \_\_\_\_\_  
 \$

Fee Paid \_\_\_\_\_ Check # \_\_\_\_\_

**Make checks payable to: SPCRD**

Received by \_\_\_\_\_

**Registration Deadline: April 6th**

Send Payment to: SP Rec Dept, 730 Monroe Street, Sauk City, WI 53583 Questions: Contact saukprairiesoftball@gmail.com

# Concussion Information and Waiver



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forth.

## Parent/Athlete Concussion Awareness Information

A concussion is a type of traumatic brain injury that changes the way the brain normally works. A concussion caused by a bump, blow or jolt to the head or body that causes the head and brain to move rapidly back and forth. Even a “ding”, “getting your bell rung” or what seems to be a mild bump or blow to the head can be serious.

### WHAT ARE THE SIGNS AND SYMPTOMS OF A CONCUSSION?

Signs and symptoms of a concussion can show up right after the injury or may appear days or weeks after the injury. If an athlete reports one or more symptoms of concussions listed below after a bump, blow or jolt to the head or body, they should be kept out of play the day of the injury and until a health care professional, experienced in evaluating concussions, says they are symptom-free and they are OK to return to play.

**Signs Observed by Coaching Staff:**

- Appears dazed or stunned
- Is confused about position or assignment
- Forgets an instruction
- Is unsure of game score or opponent
- Moves clumsily
- Answers questions slowly
- Loses consciousness (even briefly)
- Shows mood, behavior or personality changes
- Cannot recall events **prior** to hit or fall
- Cannot recall events **after** hit or fall

**Symptoms Reported by Athletes:**

- Headaches or “pressure” in the head
- Nausea or vomiting
- Balance problems or dizziness
- Double or blurry vision
- Sensitivity to noise
- Feeling sluggish, hazy, foggy or groggy
- Concentration or memory problems
- Confusion
- Just not “feeling right” or “feeling down”

### CONCUSSION DANGER SIGNS

In rare cases, a dangerous blood clot may form on the brain in a person with a concussion and crowd the brain against the skull. An athlete should receive immediate medical attention if after a bump, blow or jolt to the head or body they exhibit any of the following danger signs:

- One pupil larger than the other
- Is drowsy or cannot be awakened
- A headache that gets worse or slurred speech
- Weakness, numbness or decreased coordination
- Repeated vomiting or nausea
- Convulsions, seizures or unusual behavior
- Cannot recognize people or places
- Becomes increasingly confused or agitated
- Loses consciousness for any amount of time

### WHY SHOULD AN ATHLETE REPORT THEIR SYMPTOMS?

If an athlete has a concussion, his/her brain needs time to heal. While an athlete’s brain is healing, they are much more likely to have another concussion. Repeat concussions can increase the time it takes to recover. In rare cases, repeat concussions in young athletes can result in brain swelling or permanent damage to their brain. It can even be fatal.

### WHAT SHOULD YOU DO IF YOU THINK YOUR ATHLETE HAS A CONCUSSION?

If you suspect that an athlete has a concussion, remove them from play and seek medical attention. Do not try to judge the severity of the injury yourself. Keep the athlete out of play until a medical professional says they are symptom free and are OK to return to play. Rest is the key to help an athlete recover. Exercising or activities that involve a lot of concentration (studying, computers, video games) may cause concussion symptoms to reappear or worsen. After a concussion, returning to sports and school is a gradual process that should be carefully managed and monitored by a health care professional.

I, \_\_\_\_\_, of Sauk Prairie Recreation Department Sport: \_\_\_\_\_

(Student / Athlete Name)

hereby acknowledge having received education about the signs, symptoms and risks of sport related concussion as provided in the information above. I also acknowledge my responsibility to report to my coaches, parent(s) / guardian(s) any signs or symptoms of a concussion.

\_\_\_\_\_  
Signature and printed name of student / athlete

\_\_\_\_\_  
Date

I, the parent / guardian of the student athlete named above, hereby acknowledge having received education about the signs, symptoms and risks of sport related concussion as provided in the information above.

\_\_\_\_\_  
Signature and printed name of parent / guardian

\_\_\_\_\_  
Date



## 2018 SAUK PRAIRIE SUMMER SOFTBALL ATHLETE CODE OF CONDUCT AGREEMENT

Sauk Prairie Summer Baseball is a PRIVILEGE not a right, and any player that does not abide to the program's views of baseball or proves to be a distraction to their team will be released from the program.

As a participant in a program of the Sauk Prairie Summer Softball Program, I agree to abide by and follow the rules and guidelines below.

Respect on and off the field is the key!

- I will remember that I play softball to have fun.
- I will remember that I come to the practices and games to have fun playing softball and I understand that any conduct that does not display this can affect my practice and playing time. (i.e., fooling around during practice, during a game, on the bench, making fun of teammates, not paying attention to coaches at practice or during the game, etc.).
- I will respect my teammates, coaches, and spectators. This includes following directions given by the coach without questioning or back talking.
- I will actively display good sportsmanship through my actions, by demonstrating positive support for all players.
- I will treat umpires and officials with respect, even if I disagree.
- I will treat all players, coaches, officials, parents, and spectators with respect regardless of race, creed, color, sex or ability.
- I will treat all players, coaches, officials, parents, and spectators with dignity in language, attitude, behavior, and mannerisms.
- I will respect the property and equipment used at any sports facility, both home and away.
- I will conduct myself in a style that will represent my team, family and community in a positive manner.
- I will help take care of and respect our facility by helping in field maintenance, such as dragging the field after games and practices.
- I will NOT make threats of any kind including verbal or physical to any members of my team, other teams, coaches or any member of the community including via social media.
- I will NOT display bullying behavior of any type to any teammates, opposing team members or spectators either verbally or through social media.

NOTE: If you, as an athlete, have any questions regarding playing time, position(s) being played, spot in the lineup, etc., we encourage you to be the one to talk to the coach or coaches. This should not be done during a game or practice.

I understand that by signing this document I am agreeing to support and promote this ATHLETE Code of Conduct Agreement. Further, my failure to comply with this Agreement or my participation in any of the defined CONDUCT SUBJECT TO DISCIPLINE will result in disciplinary action, up to and including expulsion from the Sauk Prairie Summer Softball Program.

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Signature

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Date

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Printed Name



## 2018 Sauk Prairie Summer Softball PARENT/LEGAL GUARDIAN CODE OF CONDUCT AGREEMENT

Sauk Prairie Summer Softball is a PRIVILEGE not a right and any player or parent that does not abide to the program's views of softball or proves to be a distraction to their team will be released from the program.

As a parent/legal guardian of a child involved in the Sauk Prairie Summer Softball program, I agree to abide by and follow the rules and guidelines below.

- I will promote the emotional and physical well-being of the athletes ahead of any personal desire to win.
- I will remember that my child plays softball for his enjoyment, not mine.
- I will encourage good sportsmanship through my actions, by demonstrating positive support for all players.
- I will provide support for coaches and officials working with the athletes to provide a positive experience for all.
- I will demand my athlete treat all players, coaches, officials, parents, and spectators with respect regardless of race, creed, color, sex or ability.
- I will demand my athlete not engage in any type of threatening or bullying behavior either verbally or physically in person or via social media.
- I will treat all players, coaches, officials, parents, and spectators with dignity in language, attitude, behavior, and mannerisms.
- I will inform the coach of any physical disability or ailment that may affect the safety of my athlete or the safety of others.
- I will notify the coach in a timely manner if my daughter is ill or unable to attend a game/practice due to other obligations.
- I will respect the property and equipment used at any sports facility, both home and away.
- I will help take care of and respect our facility by helping in field maintenance, such as dragging the field after games and practices.
- I understand the consumption of alcohol is prohibited at all Sauk Prairie Summer Softball games.
- I understand that concealed weapons are not allowed at games or practices.

NOTE: If your athlete has any questions, we encourage them to be the individual to talk to the coach or coaches. However, if parents have questions regarding their daughter's playing time, position, spot in the lineup, etc., **please wait at least 1 hour after a game before discussing with coaches.** The competitive nature of sports applies to coaches and a 'cooling' down period after games is a nice buffer for coaches/parents.

I understand that by signing this document I am agreeing to support and promote this Parent/Legal Guardian Code of Conduct Agreement. Further, my failure to comply with this Agreement or my participation in any of the defined CONDUCT SUBJECT TO DISCIPLINE will result in disciplinary action, up to and including expulsion from the Sauk Prairie Summer Softball program and its affiliate member associations.

**Player Name:** \_\_\_\_\_

\_\_\_\_\_  
**Signature of Parent/Guardian #1**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Printed Name**

\_\_\_\_\_  
**Signature of Parent/Guardian #2**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Printed Name**



## CONDUCT SUBJECT TO DISCIPLINE

The following are examples of words or actions which will constitute a violation of the Code include, but are not limited to the following:

1. Making physical contact with any player, coach, official, league representative, field/complex personnel or spectator;
2. Taunting or threatening any player, coach, official, league representative, field/complex personnel or spectator, including via social media;
3. Going into the dugout of an opposing team or obstructing their access to or exit from dugout and/or field/complex;
4. Going after officials on the field or obstructing their access to or exit from the field/complex;
5. Using profane and/or vulgar language or mannerisms;
6. Going onto the diamond;
7. Throwing of any object onto the playing field, into the player area(s), or at another individual;
8. Defacing or damaging property belonging to any individual, team, association or complex;
9. Being involved in any activity that would warrant the summoning of law enforcement officials;
10. Inciting any person(s) to become involved in any of the above-listed behaviors.
11. Any other conduct that is not in compliance with the tenets of the Sauk Prairie Summer Softball Program.